

Local Wellness Policy Progress Report

School Name: East Union School District

Wellness Policy Contact: Tawnya Jones, FSD

Date Completed: 5/9/2022

This tool is to document progress in meeting the goals written in the district’s wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the “Contact Person” column identify the individual who can report on the goals’ progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Provide students with the knowledge and skills necessary to promote and protect their health	Tawnya Jones		X		Nutrition education is part of the science curriculum in each grade level.	Explore additional lessons and activities that incorporate nutrition education into math, reading and social studies.
2. Oversee the nutrition education already in place.	Tim Kuehl	X				
3.Promote fruits & veggies, whole-grain products and fat free products	Tawnya Jones	X			FFVP & Salad Bar Daily in the lunch line.	
4. Follow State Guidelines for whole-grain, low sodium, and required vegetables.	Tawnya Jones	X			Implemented in the Menu/Salad Bar	

Physical Activity Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Promote the benefits of a physically active lifestyle and help students develop skills to engage in lifelong healthy habits	Tim Kuehl	X				
2. Engage students in moderate to vigorous activity during at least 50 percent of physical education class time	Tim Kuehl	X				
3. Afford Elementary Students with recess according to the following: at least 20 min a day Outdoors as weather and time permits Encourage moderate to vigorous physical activity	Tim Kuehl	X				
4. Support Consumption of Breakfast: Have a grab and go breakfast	Tawnya Jones	X				
5. Permit students to bring and carry water bottles during the day	Time Kuehl	X				
6. Drinking water is available during breakfast and lunch	Tawnya Jones	X				

Other School Based Activities Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. The district has a local wellness policy committee to advise the district on the development, implementation, and improvement of the school wellness policy	Tawnya Jones	X			Putting on the School Website as a way of advertising and keeping students, parents and staff informed.	

Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Monitored and all Guidelines are followed.	Tawnya Jones	X				

Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.)

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Monitored and information is sent home with parents during registration.	Tim Kuehl	X			Keep Parents informed.	

This institution is an equal opportunity provider.